Race Competition Rules

JULY 2015
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The original (source) document for these rules is the electronic version, which can be found on Triathlon Australia’s website (www.triathlon.org.au).

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INTRODUCTION

Authority

The Triathlon Australia Technical and Operational Risk Committee (TORC), a subcommittee of the Triathlon Australia Board, has the responsibility to ensure that the technical aspects of triathlon, duathlon and aquathlon are of the highest quality, with particular emphasis on the safety of each competitor and the fairness of each event.

Any difficulty in the interpretation or application of these Race Competition Rules (RCR) should be referred to the Triathlon Australia National Manager Technical.

The rules outlined in this document are underpinned by the International Triathlon Union (ITU) Competition Rules. Any incidence not specifically covered in this document is, for rule interpretation, to be referenced by the current ITU Competition Rules document to be found at www.triathlon.org.

These rules apply to all events sanctioned by Triathlon Australia (TA).

Reference

This document is to be read in conjunction with the TA Event Operations Manual and all applicable TA policies as available on the TA website. All participants in sanctioned events are subject to the TA Member Protection Policy. All documents are available on the TA website at triathlon.org.au.

Purpose

The TA Race Competition Rules (RCR) are intended to:

a. create an atmosphere of sportsmanship, equality and fair play;

b. optimise safety and protection;

c. emphasise ingenuity and skill without unduly limiting the competitor's freedom of action;

d. penalise competitors who seek to gain an unfair advantage; and

e. endorse the principle that triathlon is an individual sport and encourage individual performance and initiative.
1. GENERAL CONDUCT

These rules are applicable across the entire course.

1.1. Competitors must:

   a. practise good sports conduct at all times;

   b. be responsible for their own safety, the safety of their own equipment and be considerate of the safety of others;

   c. be responsible for understanding and following the TA RCR;

   d. obey instructions from event officials;

   e. obey traffic regulations unless otherwise instructed by an event official;

   f. treat other competitors, officials, volunteers and spectators with respect and courtesy;

   g. avoid the use of abusive language;

   h. be responsible for keeping on the designated course; gain an advantage

   i. not wear, use or carry items deemed to be a hazard to self or others e.g. a hard cast, jewellery, glass/metal containers or electronic and entertainment devices such as, but not limited to, mobile phones, mobile disc players, MP3 players or 2 way communication devices;

   j. not use any equipment which may provide an unfair competitive advantage;

   k. not obstruct or interfere with the forward progress of another competitor, or jeopardise the safety and welfare of another competitor or race official or spectator or member of the public;

   l. not accept assistance from anyone other than an event official;

   m. not discard any equipment on the course, except at the approved dedicated locations;

   n. not cause offence to others through deliberate acts of nudity, or personal toilet which might be seen in public;

   o. wear a suit compliant with the TA RCR, for clarity a competitor may, at any time during an event, wear a suit that is comprised of 100% textile material such as nylon or lycra but must not include rubberised material such as polyurethane or neoprene. In accordance with STTA’s Sun Protection Policies, this suit may cover the shoulders and arms. It may also contain a zip.
1.2 Drug Abuse

The ITU, the Australian Sports Commission and TA condemn the use of substances or practices which artificially enhance performance.

a. Competitors will follow the TA Anti-Doping rules, as outlined in the TA Anti-Doping Policy

1.3 Health

Triathlons and other multisports are strenuous activities, and the health and welfare of competitors is of paramount importance.

a. Competitors must withdraw immediately from an event if deemed and informed by the event medical personnel that the competitor appears to present a danger to the health or welfare of either the competitor or others

b. Time limits for the swim leg, bike leg and overall finish time may be established for an event to ensure, safe competition, by the Technical Delegate for that event.

2. SWIMMING CONDUCT

2.1 When wetsuits are allowed, all of the components of the wetsuit will fit to the athletes’ body tightly.

2.2. A competitor may use any swimming stroke for propulsion through the water. It is permissible to tread water or float.

2.3. A competitor may stand on the bottom or rest by holding an object such as a buoy or stationary boat. However, a competitor may not make use of the bottom or an object to make forward progress.

2.4. In an emergency, a competitor should raise an arm overhead and call for assistance. Once assistance is rendered beyond the provision of an object on which to rest, the competitor must withdraw from the event.

2.5. The temperature limits for the use of wetsuits and maximum time to be in the water for the varying swim distances are as follows:

<table>
<thead>
<tr>
<th>Swim Distance</th>
<th>Forbidden</th>
<th>Mandatory Below</th>
<th>Maximum Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Up to 1500m</td>
<td>20º C and above</td>
<td>14º C</td>
<td>30 minutes</td>
</tr>
<tr>
<td>1501m – 3000m</td>
<td>22º C and above</td>
<td>16º C</td>
<td>1 hour 40 minutes</td>
</tr>
<tr>
<td>3001m and above</td>
<td>22º C and above</td>
<td>16º C</td>
<td>2 hours 15 minutes</td>
</tr>
</tbody>
</table>
b. **Under-19 and Age Group competitors**

<table>
<thead>
<tr>
<th>Swim Distance</th>
<th>Forbidden</th>
<th>Mandatory Below</th>
<th>Maximum Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Up to 1500m</td>
<td>22° C and above</td>
<td>14° C</td>
<td>1 hour 10 minutes</td>
</tr>
<tr>
<td>1501m – 3000m</td>
<td>24.5° C and above</td>
<td>15° C</td>
<td>1 hour 40 minutes</td>
</tr>
<tr>
<td>3001m and above</td>
<td>24.5° C and above</td>
<td>16° C</td>
<td>2 hours 15 minutes</td>
</tr>
</tbody>
</table>

An interim water temperature reading should be taken 24 hours before race start, and a final water temperature reading should be taken 1 hour before race start. Then a wetsuit ruling advised. If the variation in water temperature is known to be negligible, and the measured temperature is not on the cusp of the wetsuit determination temperatures, then it is acceptable to reduce the number of measurements to one.

**Modifications**

The Technical Delegate, following consultation with the Medical Director or Event Organiser, may amend the wetsuit determination temperatures for competitor safety reasons. The swim distance can be shortened or even cancelled using the following table as a guide:

<table>
<thead>
<tr>
<th>Original swim distance (m)</th>
<th>Adjusted Water Temperature (°C)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Above 32.0</td>
</tr>
<tr>
<td>750</td>
<td>Cancel</td>
</tr>
<tr>
<td>1500</td>
<td>Cancel</td>
</tr>
<tr>
<td>3000</td>
<td>Cancel</td>
</tr>
<tr>
<td>4000</td>
<td>Cancel</td>
</tr>
</tbody>
</table>

Note that the temperatures above are not always the water temperature used in the final decision. If the water temperature is lower than 22° C and the air temperature is lower than 15° C, then the adjusted value is to decrease the measured water temperature according to the next chart:
<table>
<thead>
<tr>
<th>Measured Water Temperature (°C)</th>
<th>15</th>
<th>14</th>
<th>13</th>
<th>12</th>
<th>11</th>
<th>10</th>
<th>9</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>22</td>
<td>21.0</td>
<td>20.5</td>
<td>20.0</td>
<td>19.5</td>
<td>19.0</td>
<td>18.5</td>
<td>18.0</td>
<td>17.5</td>
</tr>
<tr>
<td>21</td>
<td>20.5</td>
<td>20.0</td>
<td>19.5</td>
<td>19.0</td>
<td>18.5</td>
<td>18.0</td>
<td>17.5</td>
<td>17.0</td>
</tr>
<tr>
<td>20</td>
<td>17.5</td>
<td>17.0</td>
<td>16.5</td>
<td>16.0</td>
<td>15.5</td>
<td>15.0</td>
<td>14.5</td>
<td>14.0</td>
</tr>
<tr>
<td>19</td>
<td>17.0</td>
<td>16.5</td>
<td>16.0</td>
<td>15.5</td>
<td>15.0</td>
<td>14.5</td>
<td>14.0</td>
<td>13.5</td>
</tr>
<tr>
<td>18</td>
<td>16.5</td>
<td>16.0</td>
<td>15.5</td>
<td>15.0</td>
<td>14.5</td>
<td>14.0</td>
<td>13.5</td>
<td>13.0</td>
</tr>
<tr>
<td>17</td>
<td>16.0</td>
<td>15.5</td>
<td>15.0</td>
<td>14.5</td>
<td>14.0</td>
<td>13.5</td>
<td>13.0</td>
<td>Cancel</td>
</tr>
<tr>
<td>16</td>
<td>15.5</td>
<td>15.0</td>
<td>14.5</td>
<td>14.0</td>
<td>13.5</td>
<td>13.0</td>
<td>Cancel</td>
<td>Cancel</td>
</tr>
<tr>
<td>15</td>
<td>15.0</td>
<td>14.5</td>
<td>14.0</td>
<td>13.5</td>
<td>13.0</td>
<td>Cancel</td>
<td>Cancel</td>
<td>Cancel</td>
</tr>
<tr>
<td>14</td>
<td>14.5</td>
<td>14.0</td>
<td>13.5</td>
<td>13.0</td>
<td>Cancel</td>
<td>Cancel</td>
<td>Cancel</td>
<td>Cancel</td>
</tr>
</tbody>
</table>

2.6. A competitor must wear the swim cap if provided by the Race Director on the outside of all other swim caps. For aquathlons or other multi-swim events the wearing of the swim cap if provided is compulsory for the first swim leg and optional in subsequent swim legs.

2.7. Competitors must not use:

a. artificial propulsion devices;

b. flotation devices;

c. gloves or socks (including but not limited to compression socks);

d. wetsuits with thickness exceeding 5mm;

e. wetsuit bottoms of any length without a wetsuit top;

f. wetsuits when they are forbidden because of the water temperature; and

g. any clothing containing rubberised material in a non-wetsuit swim.
3. CYCLING CONDUCT

3.1 A competitor is not permitted to cycle without appropriate footwear or with a bare torso.

3.2 A competitor is not permitted to make any forward progress without the bicycle and all of its component parts.

3.3 Bicycle helmets are compulsory and must be approved by a testing authority which is recognised by a national federation that is an affiliate of the ITU.

3.4 An alteration or addition to any part of the bicycle helmet including the chin strap, or the omission of any part of the helmet, including an outer cloth cover, is prohibited.

3.5 The bicycle helmet must remain securely fastened on the head the competitor at all times once the bicycle is removed from the bicycle rack, while on the bicycle course and until the bicycle is replaced on the bicycle rack.

3.6 A competitor must clearly display the race identification number(s) at all times on the bicycle course if provided by the Race Director. Those not complying may incur a Stop-Start penalty. However if the Technical Official considers that the identification number has been unintentionally lost, then the competitor will not be penalised.

Rules 3.7 to 3.12 inclusive apply to non-drafting events only

3.7 Illegal Pass

A competitor passing on the inside (left hand side) of another competitor will receive an Illegal Pass penalty.

3.8 Blocking

A competitor who has completed a pass and is not passing another competitor or motorcycle or vehicle and who fails to move safely and immediately to the left of the cycle lane will receive a Blocking penalty.

3.9 Bicycle or Motorcycle Draft Distance

a. For all events with a cycling distance up to and including standard distance event, the bicycle or motorcycle draft zone is a distance of seven metres. The front edge of the front bicycle or motorcycle wheel defines the start of the draft zone. Competitors have 15 seconds to pass through this zone.

b. For all events with a cycling distance greater than a standard distance, the bicycle draft distance is twelve metres long. The front edge of the front bicycle or motorcycle wheel defines the start of the draft zone. Competitors have 25 seconds to pass through this zone.
3.10 **Vehicle Draft Zone**

a. For all events, the vehicle draft zone is 35 metres. The front edge of the vehicle defines the start of the draft zone.

b. The driver of any race participation vehicle is responsible to ensure that this zone is not overlapped by the draft zone of a competitor.

3.11 **Drafting**

a. The draft zone of a competitor may not overlap the draft zone of another competitor or motorcycle or vehicle except in the following circumstances:

   (i) when the competitor is in the process of legally passing another competitor or motorcycle or vehicle;

   (ii) for safety reasons;

   (iii) for an aid station;

   (iv) for entrance to or departure from a transition area; and

   (v) in making an acute turn.

b. When passing a forward competitor or motorcycle, the rear competitor is allowed a maximum of 15 seconds to pass through the seven metre draft zone and 25 seconds to pass through the 12 metre draft zone. Failure to observe this may result in a drafting penalty.

c. When passing a forward vehicle, the rear competitor is allowed a maximum of 90 seconds to pass through the draft zone. Failure to observe this may result in a drafting penalty.

d. At every instant during the overlapping of draft zones, the rear competitor must be seen to be gaining on the forward competitor or motorcycle or vehicle. Failure to observe this may result in a drafting penalty.

e. Once passed, a competitor must immediately commence to drop back out of the draft zone of the forward competitor before attempting to re-pass. A competitor is deemed to have been passed once the leading edge of the front wheel of the passing bicycle has moved in front of the leading edge of the front wheel of the passed competitor’s bicycle. Failure to observe this may result in a drafting penalty.
3.12 Bicycles must have all of the following characteristics:

a. no more than 1.85 metres long and 50 centimetres wide;

b. measure at least 24 centimetres from the ground to the chain wheel axle;

c. a vertical line touching the front most point of the saddle will be no more than 5 centimetres in front of and no more than 15 centimetres behind a vertical line passing through the centre of the chain wheel axle (Diagram 6), and a competitor must not have the capability of adjusting the saddle beyond these lines during competition;

d. measure no less than 54 centimetres and no more than 65 centimetres between a vertical line passing through the centre of the chain wheel axle and a vertical line through the centre of the front wheel axle (Diagram 7). Exceptions may be given only by the Technical Delegate for the bicycles of very tall or very short competitors;

e. fairings which reduce air resistance are prohibited;

f. the front wheel may be a different diameter from the rear wheel but must be of spoke construction;

g. disc wheels or covers are allowed on the rear wheel only, however this provision may be changed by the Event Organiser and / or the Technical Delegate in the interests of safety (e.g. in the case of the potential for high winds);

h. no wheel may contain mechanisms which are capable of accelerating it;

i. fixed-gear bicycles (or fixed-wheel bicycle, sometimes known as a fixie) are not permitted. This is a bicycle that has no freewheel, meaning it cannot coast — the pedals are always in motion when the bicycle is moving;

j. handlebar ends must be plugged, tubular tires securely glued, headsets tight and wheels true;
k. there must be an operational brake on each wheel;

l. forward facing brake levers are illegal on all bicycles. This applies to brake levers on standard curved handlebars, cow horn and aero bar mounted brake levers; and

3.13 In all draft legal events for Elite, Under-23 and Junior competitors and TA approved draft legal team events, the ITU Competition Rules* apply including, but not limited to:

   (i) Road bikes only and ITU approved wheels as per the current Union Cycliste Internationale (UCI) approved wheel list

   (ii) Only traditional drop handlebars are permitted;

   (iii) The handlebars must be plugged;

   (iv) Clip-on bars will be permitted provided they do not exceed the foremost line of the brake levers;

   (v) Straight forward facing clip-on bars must have a solid factory bridge or be touching each other;

*Current ITU Competition rules can be downloaded from www.triathlon.org.

3.14 In all draft legal events for Age Group competitors, the ITU Competition Rules apply including, but not limited to:

   (i) wheels shall have at least 12 spokes;

   (ii) disc wheels are not allowed;

   (iii) only traditional drop handlebars are permitted.

   (iv) the handlebars must be plugged;

   (v) clip-ons are not allowed.

3.15 For all junior athletes up to and including 14 years competing in age group categories at events the following equipment restrictions will apply:

   (i) The bicycle may be on-road, off-road or youth style. No “time trial” style bicycles are allowed. No recumbent style bicycles are allowed.

   (ii) Only standard drop, straight, or curved handlebars are allowed. No aero or time trial bars may be attached to the bike or used during competition.
(iii) For all events wheels must have at least 16 spokes and the construction of the rim shall exclude the use of composite fibres (Carbon, Kevlar, Aramid and similar fibres).

(iv) No disc wheels or wheel covers are allowed.

(v) Only detachable tyres and tubes shall be used – commonly referred to as “clincher” tyre. A detachable tube means the tube is detachable from the tyre casing. Tyres where the tube is not detachable from the tyre – commonly known as “Singles” shall not be allowed.

(vi) Time trial style helmets may NOT be used.

For season 2015-16 this is to be used as a transition year for all junior athletes. The intent is that these rules will be fully implemented in season 2016-17.

At all Australian School Sport Association events these equipment restrictions as detailed in section 3.15 will be fully implemented for all under 19 junior athletes for season 2015-16.
4. RUNNING CONDUCT

4.1 A competitor may not crawl.

4.2 A competitor may not run with a bare torso or without shoes on any part of the run course of an event.

4.3 A competitor must clearly display the race identification number, if provided by the Race Director, on their front at all times on the run course. Those not complying may incur a Yellow Card Stop-Start penalty. However if the Technical Official considers that the identification number has been unintentionally lost, then the competitor will not be penalised.

5. TRANSITION AREA CONDUCT

5.1 A competitor may only have a bare torso when moving from the swim exit to their designated transition area or moving from their designated transition area to the swim entry, the latter in a multi swim event.

5.2 A competitor must mount and dismount the bicycle at the respective designated mounting and dismounting zones.

5.3 A competitor must at all times rack his/her own bicycle only at their designated bicycle rack location and leave it in a stable position. It must be racked by either the seat or both brake hoods.

5.4 A competitor must at all times place all their equipment at their designated transition area

5.5 A competitor must not interfere with another competitor's equipment but where accidental interference occurs the offending competitor must replace the equipment to its former position and state before proceeding.

6. PENALTIES

6.1 General Rules

Failure to comply with the TA RCR may result in a competitor being penalised, disqualified, suspended, or expelled.

The nature of the rule violation will determine the subsequent penalty.
Technical Officials are allowed to assess penalties even if the infringement is not listed in the RCR:

- if the Technical Official deems that an unfair advantage has been gained, or
- if an unsafe situation has been created.

An infringements flow chart is included in Appendix I – Infringements Flow Chart.

6.2 Issuing of Yellow, Blue and Red Cards

A Technical Official should carry out the following actions when issuing a yellow, blue or red card to a competitor:

a. gain the attention of the competitor;
b. confirm with the competitor their race number;
c. show the competitor a Yellow, Blue or Red Card and inform the competitor of the rule infringement; and
d. advise the competitor what action needs to be taken.

(If the Technical Official considers that a penalty cannot be issued safely, it is not mandatory for that Technical Official to penalise the competitor in person. In this situation the competitor is not expected to attend the Penalty Box)

6.3 Competitor Conduct

When shown a, Yellow, Blue or Red Card by a Technical Official, a competitor must:

a. confirm with the Technical Official their race number; and
b. acknowledge and obey any instruction from the Technical Official.

A competitor may complete the event even if shown a Yellow, Blue or Red Card by a Technical Official.

6.4 Yellow Card Stop–Start Penalty

This is a stop-start penalty for a minor infringement, which is served with a Technical Official anywhere on the course. This penalty involves the display of a Yellow Card by a Technical Official and advice on when and where the competitor is to serve the penalty. The competitor may resume racing only after instructed to do so by the Technical Official. Appendix B lists examples of yellow card stop-start penalty infringements.
6.5 Blue Card Time Penalty

This is a time penalty for an infringement, which is served with a Technical Official anywhere on the course. This penalty involves the display of a Blue Card by a Technical Official and advice on when and where the competitor is to serve the penalty. The competitor may resume racing only after instructed to do so by the Technical Official. Appendix B lists examples of blue card time penalty infringements. The duration of the time penalty is determined in Section 6.6.

6.6 Duration of Blue Card Time Penalty

The duration of the time penalty will vary according to the segment of the race in which the infringement occurs.

<table>
<thead>
<tr>
<th>Bike Course ≤40 km</th>
<th>Duration of Time Penalty</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3 minutes</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Bike Course &gt;40 km</th>
<th>Duration of Time Penalty</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>5 minutes</td>
</tr>
</tbody>
</table>

6.7 Multiple Blue Card Penalties

If a competitor receives multiple blue card penalties the competitor must serve those penalties but may complete the event. For events with a bicycle course distance less than 80km, two or more blue card penalties may result in the competitor being disqualified by the Race Referee at the completion of the event. For events with a bicycle course distance equal to or greater than 80km, three or more blue card penalties may result in the competitor being disqualified by the Race Referee at the completion of the event.

6.8 Red Card Violation

A red card shall be issued for a violation, which is a major infringement. After receiving a red card, the competitor is not required to serve a time penalty, and may complete the event. At the completion of the event the Race Referee will rule on the violation. If the violation is ratified the competitor can expect to be disqualified. Appendix B lists examples of red card violations.

6.9 Violation Report

A Technical Official must provide a Violation Report to the Race Referee in the following situations:

- If the Technical Official has issued a Red Card to a competitor, or
- if the Technical Official was unable to issue a Red Card in person, or

- if a Blue Card Time Penalty was not served (example: an athlete who was penalised for drafting fails to report to the Penalty Box to serve the time penalty). In this situation the Violation Report shall be completed by the official responsible for reconciling the blue card penalties. The name of the official who issued the blue card shall be included in the report.

6.10 Disqualification

This is a penalty awarded by the Race Referee:
- on personal observation, or
- as a result of a Violation Report or Reports made by a Technical Official(s), or
- a finding by the Race Competition Jury, or
- other evidence, such as information provided by a timing company.

This penalty removes a competitor as a finisher from the results of an event.

Where the Race Referee’s ruling is to disqualify a competitor, the Race Referee must post the ruling (competitor race number and rule infringed) on the Penalties Notice Board, which is to be displayed in a prominent location that competitors will have access to at the finish e.g. the athlete recovery area. The Race Referee may wish to personally meet with a disqualified competitor to discuss the ruling but this is not a mandatory requirement. Penalties not posted within one hour of the last competitor finishing the event are invalid.

6.11 Suspension and Expulsion

These are penalties awarded for more severe infringements by either by the Board of the State/Territory Triathlon Association (STTA), or by the TA Board, whichever is applicable. The process is initiated via a referral of details of the infringement by the Race Referee through the Technical Delegate to the relevant authority. Severe infringements include, but are not limited to, the following:

a. conduct of an unusual, protracted, violent or severe nature;

b. fraud;

c. participating when ineligible; and

d. violation of TA’s Anti-Doping Policy

Further information on suspension and expulsion is available in TA’s Member Protection Policy.
7. PROTESTS

A competitor may file a protest with the Race Referee provided that the action protested has not previously been reported by a Technical Official and ruled upon by the Race Referee. Matters relating to the lodging and consideration of appeals are explained in Appendix G – Protest Procedures.

8. APPEALS

A competitor may file an appeal with the Technical Delegate, or STTA representative if a Technical Delegate was not appointed, against a ruling of the Race Referee, provided that the decision appealed against has not previously been the subject of an appeal and ruled upon by the Race Competition Jury. Matters relating to the lodging and consideration of appeals are explained in Appendix H – Appeal Procedures.

9. PARATRIATHLON CONDUCT

Rules for conduct of paratriathlon events can be found in the ITU Competition Rules on the ITU website (www.triathlon.org).

10. CROSS TRIATHLON/WINTER TRIATHLON

Rules for the conduct of these types of competitions can be found in the ITU Competition Rules on the ITU website (www.triathlon.org).

11. MODIFICATIONS TO THE RULES

These rules will apply to all events that fall within the jurisdiction of TA. To that end, throughout these RCR, unless otherwise specified, the term ‘triathlon’ is used in its generic form to imply any of those events.

It is important to know the intent and purpose of a rule so that it may be intelligently applied in a given situation. A competitor must not be permitted an advantage not intended by a rule, or to place the health or welfare of anyone in jeopardy. To implement this philosophy, many of the rules are written in general terms. This practice minimises the necessity for a multiplicity of rules and provides the Technical Officials with ample authority to adapt their application of the rules to fit conditions. Technical Officials must base their determination on whether an advantage, not intended by the rules, has been gained or health or welfare of any athlete has been jeopardised.

12. EXCEPTIONS TO THE RULES

These TA RCR will be applicable to all events sanctioned by TA. Where the TA RCR conflict with the laws of the jurisdiction in which the event is to be held, those laws will override the
TA RCR to the extent of the inconsistency, and competitors must be notified of the implications of these laws as early as possible and not later than prior to the start of the event.

Exceptions for special circumstances in a particular event may only be gained from TA through the National Manager Technical with prior approval.

13. SPECIAL RULES

The Technical Delegate may approve the addition of special rules for a particular event, provided that:

a. Participants are informed of each additional special rule before the event; and

b. Each additional special rule and the reasons for its inclusion are advised to the TA National Manager / Technical before the day on which the event is to be conducted.

14. UNAUTHORISED EXCEPTIONS OR ADDITIONS

If an exception or addition, of a race completion rule is not authorised, the event, cannot be sanctioned. Any existing sanction may be invalidated. This could result in legal complications, particularly in the case of accidents during the event and in subsequent requests for approval from state/territory and/or municipal authorities to use roads and waterways. Insurance authorities have also warned that claims made under such circumstances may be considered invalid.

15. RULE CHANGES

These RCR may be changed from time to time by the TA Board at its absolute discretion. Any such rule change shall not take effect until 14 days after it has been posted on the TA website.
16. APPENDIX A: DEFINITIONS

**Appellant**
A competitor submitting an appeal.

**Aquathlon**
The term recognised by the ITU, TA and the Australian Sports Commission (ASC) for a sport of individual character and motivation which combines swimming and running skills in continuum. The TA term for a run-swim-run competition.

**Assistance**
Any attempt by an unauthorised or unofficial source to help or to stabilise a competitor.

**Bicycle Course**
That part of the race route over which it has been defined in the race brief that the bicycle is to be ridden, walked or carried. The bicycle course commences at the Bicycle Mount Zone and concludes the Bicycle Dismount Zone.

**Duathlon**
The term recognised by the ITU, TA and the ASC for a sport of individual character and motivation which combines bicycling and running skills in continuum. The TA term for a run-ride-run competition.

**Elite**
Elite category competitors who hold a professional membership, which in Australia includes Triathlon Australia membership.

**Finisher**
A competitor who completes the entire race course within the rules and crosses the finish line, with any part of their body.

**Interference**
A deliberate block, charge or abrupt motion which impedes another competitor.

**Judgement Call**
Any assessment of events, circumstances or the race environment by a technical official. For the avoidance of any doubt a judgement call is, but is not limited to, a determination that a competitor is guilty of drafting, blocking, or gaining an unfair advantage.

**Open**
Open category competitors can hold any level of TA membership.

**Pass**
When one competitor’s bicycle draft zone overlaps another competitor’s bicycle draft zone, makes continual forward progress through that zone and passes within a maximum period specified in Rule 3.11. A competitor cannot pass another competitor on the left hand side in a non-draft legal event.

**Penalty Box**
One or more designated areas on the course where competitors may be required to serve a time penalty for a rule violation.

**Race Referee**
A Technical Official who is responsible to the Technical Delegate to hear and make final decisions on all rule infringements reported by Technical Officials and on all protests.

**Results**
The timed finish positions of all competitors after infringement reports have been ruled on, protests and appeals have been heard, and penalties have been awarded.
Run Course
That part of the race route over which it has been defined in the race brief that the competitor is to run or walk. In triathlons and aquathlons, the run course commences at the exit from the Transition Zone boundary and concludes at the finish line. In duathlons, the first Run Course commences at the start line and finishes at the entry to the boundary of the Transition Zone; the second Run Course commences at the exit from the Transition Zone boundary and concludes at the finish line.

Sanction
A permit issued by the authority of TA for the conduct of a national championship, or a race of a national race series, or for an international event staged in Australia, and by a state/territory association, through the authority delegated to it by TA, for all other events. The issue of such a permit is a declaration by the sanctioning authority that plans for the event have been thoroughly inspected and provide the greatest potential for the conduct of a safe and fair event.

Sports Conduct
The behaviour of a competitor during competition. Previously referred to as ‘sportsmanship’, good sports conduct is interpreted as fair, rational and courteous behaviour, while bad sports conduct is any behaviour on the part of a competitor which is judged to be unfair, unethical or dishonest, a violent act, intentional misconduct, abusive language, intimidating behaviour, or persistent infringement of the rules.

Stop-Start Penalty
A method of imposing a brief delay on a competitor who is assessed by a race official to have infringed a rule.

Swim Course
That part of the race route over which it has been so defined in the race brief. In triathlons and aquathlons, the swim course commences at the start line and concludes at the entry to the boundary of the Transition Zone.

Technical Delegate
A Technical Official who is qualified by TA as delegated to state/territory associations, who is responsible for ensuring that all aspects of the TA Race Competition Rules and Race Operations Procedures are fulfilled in preparation for, during, and after the event. Where appeals are lodged, the TD is responsible for convening and chairing the Race Competition Jury. The TD may be responsible for conducting or overseeing the conduct of race sanctioning. At lower end events where no TD is specifically appointed, the senior official present may also fulfil the role of TD.

Technical Official
Accredited race officials who are qualified by TA as Technical officials, and are appointed to be responsible for observing, assessing and reporting on the performance of competitors in a sanctioned event in relation to TA Race Competition Rules.
**Transition Zone**
A location within a defined boundary which is not a part of the swim course, the bicycle course or the run course and within which each competitor is allocated an area for the storage of individual items of clothing and equipment.

17. **APPENDIX B: EXAMPLES OF YELLOW, BLUE AND RED CARD INFRINGEMENTS**
Common examples of blue, yellow and red card infringements are listed below. This list is intended as a guide only and is not exclusive. Note that the same infringement may attract different penalties, depending on the competitive environment the context of the event, and the severity of the offence.

<table>
<thead>
<tr>
<th>Conduct</th>
<th>Yellow Card Stop-Start</th>
<th>Blue Card Time Penalty</th>
<th>Red Card</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bicycle helmet not securely fastened</td>
<td></td>
<td></td>
<td>x</td>
</tr>
<tr>
<td>Discard equipment</td>
<td>x</td>
<td>x</td>
<td>x</td>
</tr>
<tr>
<td>Illegal pass</td>
<td></td>
<td>x</td>
<td></td>
</tr>
<tr>
<td>Blocking</td>
<td></td>
<td></td>
<td>x</td>
</tr>
<tr>
<td>Drafting</td>
<td></td>
<td></td>
<td>x</td>
</tr>
<tr>
<td>Deliberately not wearing race numbers provided</td>
<td></td>
<td></td>
<td>x</td>
</tr>
<tr>
<td>Use of gloves or socks in the swim leg</td>
<td></td>
<td></td>
<td>x</td>
</tr>
<tr>
<td>Not completing the entire course</td>
<td></td>
<td></td>
<td>x</td>
</tr>
<tr>
<td>Using an MP3 player or a mobile phone</td>
<td></td>
<td></td>
<td>x</td>
</tr>
<tr>
<td>Failure to obey a Technical Official’s instructions</td>
<td></td>
<td></td>
<td>x</td>
</tr>
<tr>
<td>Offensive behaviour such as nudity or personal toilet</td>
<td></td>
<td></td>
<td>x</td>
</tr>
<tr>
<td>External assistance</td>
<td></td>
<td></td>
<td>x</td>
</tr>
<tr>
<td>Abusive language or violent behaviour</td>
<td></td>
<td></td>
<td>x</td>
</tr>
</tbody>
</table>

18. **APPENDIX C – AGE DETERMINATION**
Age determination for all categories is determined by age on December 31st during the season of the triathlon competition. For the categories Under-23, Junior and Youth Draft legal competition, age determination is by age on December 31st in the year of the coming ITU World Championships competition.
### 19. APPENDIX D – COMPETITION CATEGORIES

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>High Performance Pathway Categories</strong></td>
<td></td>
</tr>
<tr>
<td>Professional or Elite</td>
<td>An event with Prize money that is is only available to appropriate licenced athletes under the TA Professional/Elite Licence Policy. This category must be defined as either “Professional” or &quot;Elite&quot;.</td>
</tr>
<tr>
<td>Under 23 Development</td>
<td>This category is reserved for triathletes who are turning 18, 19, 20, 21, 22 or 23 in the year of competition, and requires a TA Professional Membership.</td>
</tr>
<tr>
<td>ITU Junior</td>
<td>This category is reserved for triathletes who are turning 16, 17, 18 or 19 in the ITU Competition year, and are endorsed by their STTA to compete in draft legal triathlon.</td>
</tr>
<tr>
<td>ITU Youth</td>
<td>This category is reserved for athletes who are turning 13, 14 &amp; 15 in the ITU competition year and are endorsed by their STTA to compete in draft legal triathlon.</td>
</tr>
<tr>
<td><strong>Age Group Categories</strong></td>
<td></td>
</tr>
<tr>
<td>Open</td>
<td>A category that has prizemoney below the “Professional/Elite” threshold as per the TA Professional/Elite Licence Policy. This category is open to professional and age group athletes.</td>
</tr>
<tr>
<td>Under 19</td>
<td>This category is reserved for triathletes in the 7 - 19 years age groups. See U19 triathlon, duathlon and aquathlon prescribed race distances.</td>
</tr>
<tr>
<td>Age Groups</td>
<td></td>
</tr>
<tr>
<td>a. 16 - 19 years</td>
<td>g. 45 – 49 years</td>
</tr>
<tr>
<td>b. 20 – 24 years</td>
<td>h. 50 – 54 years</td>
</tr>
<tr>
<td>c. 25 – 29 years</td>
<td>i. 55 – 59 years</td>
</tr>
<tr>
<td>d. 30 – 34 years</td>
<td>j. 60 – 64 years</td>
</tr>
<tr>
<td>e. 35 – 39 years</td>
<td>k. 65 – 69 years</td>
</tr>
<tr>
<td>f. 40 – 44 years</td>
<td>l. 70 – 74 years</td>
</tr>
</tbody>
</table>

TA maintains national distance recognition of the 16 – 19 years age group for Standard and Sprint Distance competition.

TA maintains the national distance recognition of the 18-19 years Middle distance championships competition.
## 20. APPENDIX E – RACE DISTANCES

### TABLE 1: UNDER 19 TRIATHLON – MAXIMUM ALLOWABLE RACE DISTANCES

<table>
<thead>
<tr>
<th>AGE GROUP</th>
<th>SWIM</th>
<th>BIKE</th>
<th>RUN</th>
<th>COMMENT</th>
<th>RELAY (one leg of distance stated)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 7</td>
<td>50m</td>
<td>500m</td>
<td>100m</td>
<td>Non-Competitive /Novelty</td>
<td>50m/500m/100m</td>
</tr>
<tr>
<td>7yo</td>
<td>100m</td>
<td>3km</td>
<td>500m</td>
<td>Non-Competitive/Novelty</td>
<td>200m/6km/1km</td>
</tr>
<tr>
<td>8yo</td>
<td>100m</td>
<td>3km</td>
<td>500m</td>
<td>Non-Competitive/Novelty</td>
<td>200m/6km/1km</td>
</tr>
<tr>
<td>9yo</td>
<td>100m</td>
<td>3km</td>
<td>500m</td>
<td>Non-Competitive/Novelty</td>
<td>200m/6km/1km</td>
</tr>
<tr>
<td>10yo</td>
<td>200m</td>
<td>6km</td>
<td>1km</td>
<td>Non-Competitive/Novelty</td>
<td>300m/10km/2km</td>
</tr>
<tr>
<td>11yo</td>
<td>200m</td>
<td>6km</td>
<td>1km</td>
<td>Non-Competitive/Novelty</td>
<td>300m/10km/2km</td>
</tr>
<tr>
<td>12yo</td>
<td>300m</td>
<td>10km</td>
<td>2km</td>
<td>Competitive</td>
<td>400m/15km/4km</td>
</tr>
<tr>
<td>13yo</td>
<td>400m</td>
<td>15km</td>
<td>4km</td>
<td>Competitive</td>
<td>750m/20km/6km</td>
</tr>
<tr>
<td>14yo</td>
<td>750m</td>
<td>20km</td>
<td>5km</td>
<td>Competitive</td>
<td>1.5km/40km/10km</td>
</tr>
<tr>
<td>15yo</td>
<td>1.5km</td>
<td>40km</td>
<td>10km</td>
<td>Competitive</td>
<td>1.5km/40km/10km</td>
</tr>
<tr>
<td>16yo</td>
<td>1.5km</td>
<td>40km</td>
<td>10km</td>
<td>Competitive</td>
<td>1.5km/40km/10km</td>
</tr>
<tr>
<td>17yo</td>
<td>1.5km</td>
<td>40km</td>
<td>10km</td>
<td>Competitive</td>
<td>1.9km/90.1km/21.1km</td>
</tr>
<tr>
<td>18yo+</td>
<td>3.8km</td>
<td>180.2km</td>
<td>42.2km</td>
<td>Competitive</td>
<td></td>
</tr>
</tbody>
</table>
### TABLE 2: UNDER 19 DUATHLON – MAXIMUM ALLOWABLE RACE DISTANCES

<table>
<thead>
<tr>
<th>AGE GROUP</th>
<th>RUN</th>
<th>BIKE</th>
<th>COMMENT</th>
<th>RELAY (one leg of distance stated)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 7</td>
<td>100m</td>
<td>500m</td>
<td>Non-Competitive/Novelty</td>
<td>100m/500m</td>
</tr>
<tr>
<td>7yo</td>
<td>750m</td>
<td>3km</td>
<td>Non-Competitive/Novelty</td>
<td>1km/6km</td>
</tr>
<tr>
<td>8yo</td>
<td>750m</td>
<td>3km</td>
<td>Non-Competitive/Novelty</td>
<td>1km/6km</td>
</tr>
<tr>
<td>9yo</td>
<td>750m</td>
<td>3km</td>
<td>Non-Competitive/Novelty</td>
<td>1km/6km</td>
</tr>
<tr>
<td>10yo</td>
<td>1.5km</td>
<td>6km</td>
<td>Non-Competitive/Novelty</td>
<td>2km/10km</td>
</tr>
<tr>
<td>11yo</td>
<td>1.5km</td>
<td>6km</td>
<td>Non-Competitive/Novelty</td>
<td>2km/10km</td>
</tr>
<tr>
<td>12yo</td>
<td>3km</td>
<td>10km</td>
<td>Competitive</td>
<td>4km/15km</td>
</tr>
<tr>
<td>13yo</td>
<td>4km</td>
<td>15km</td>
<td>Competitive</td>
<td>5km/20km</td>
</tr>
<tr>
<td>14yo</td>
<td>7.5km</td>
<td>20km</td>
<td>Competitive</td>
<td>7.5km/20km</td>
</tr>
<tr>
<td>15yo</td>
<td>10km</td>
<td>40km</td>
<td>Competitive</td>
<td>10km/40km</td>
</tr>
<tr>
<td>16yo</td>
<td>10km</td>
<td>40km</td>
<td>Competitive</td>
<td>10km/40km</td>
</tr>
<tr>
<td>17yo</td>
<td>15km</td>
<td>40km</td>
<td>Competitive</td>
<td></td>
</tr>
</tbody>
</table>
### TABLE 3 - UNDER 19 AQUATHLON – MAXIMUM ALLOWABLE RACE DISTANCES

<table>
<thead>
<tr>
<th>AGE GROUP</th>
<th>SWIM</th>
<th>RUN</th>
<th>COMMENT</th>
<th>RELAY (one leg of distance stated)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 7</td>
<td>50m</td>
<td>100m</td>
<td>Non-Competitive/Novelty</td>
<td>50m/100m</td>
</tr>
<tr>
<td>7yo</td>
<td>100m</td>
<td>750m</td>
<td>Non-Competitive/Novelty</td>
<td>200m/1km</td>
</tr>
<tr>
<td>8yo</td>
<td>100m</td>
<td>750m</td>
<td>Non-Competitive/Novelty</td>
<td>200m/1km</td>
</tr>
<tr>
<td>9yo</td>
<td>100m</td>
<td>1km</td>
<td>Non-Competitive/Novelty</td>
<td>200m/1km</td>
</tr>
<tr>
<td>10yo</td>
<td>200m</td>
<td>2km</td>
<td>Non-Competitive/Novelty</td>
<td>300m/2km</td>
</tr>
<tr>
<td>11yo</td>
<td>200m</td>
<td>2km</td>
<td>Non-Competitive/Novelty</td>
<td>400m/4km</td>
</tr>
<tr>
<td>12yo</td>
<td>300m</td>
<td>4km</td>
<td>Competitive</td>
<td>750m/6km</td>
</tr>
<tr>
<td>13yo</td>
<td>400m</td>
<td>6km</td>
<td>Competitive</td>
<td>1km/8km</td>
</tr>
<tr>
<td>14yo</td>
<td>1km</td>
<td>8km</td>
<td>Competitive</td>
<td>1.5km/10km</td>
</tr>
<tr>
<td>15yo</td>
<td>1.5km</td>
<td>10km</td>
<td>Competitive</td>
<td>1.5km/10km</td>
</tr>
<tr>
<td>16yo</td>
<td>1.5km</td>
<td>10km</td>
<td>Competitive</td>
<td>1.5km/10km</td>
</tr>
<tr>
<td>17yo</td>
<td>1.5km</td>
<td>10km</td>
<td>Competitive</td>
<td></td>
</tr>
</tbody>
</table>

Distances in each table are maximum distances permissible for each discipline, however, events can be of any configuration within these maximums (eg. Duathlon = Run / Bike / Run; Aquathlon = Run / Swim / Run; Triathlon = Enduro).

The Age Determination date for eligibility in Table 1, Table 2 and Table 3 is the age on race day for distances greater than Standard distance. For distances equal to or less than Standard distance the age is based as per Age Determination As per Appendix C.

No course segment of an event may exceed the course segment distance for a particular category as listed in Tables 1 to 3, even if the distances of the other course segments are less than those segments stated.
21. **APPENDIX F – RACE COMPETITION JURY**

The Race Competition Jury is to be chaired by the Technical Delegate (TD) and is to comprise two other members as outlined below:

**International Events** – in accordance with ITU rules.

**National Series Events** - one other person who is either:
- Member of TA Board; or
- Member of an STTA Board; or
- Accredited Technical Official with a minimum RTO (Level 2) qualification.

**State/Territory level championship events** – two other persons, each of who is either:
- Member of TA Board; or
- Member of an STTA committee; or
- Accredited Technical Official with a minimum RTO (Level 2) qualification.

All other events – two other persons, each of who are either:
- Accredited Technical Official with a minimum RTO (Level 2) qualification; or
- Member of an STTA Board; or
- Member of the committee of a triathlon club affiliated with TA; or
- Member of an STTA with an understanding of the rules of triathlon.

For all TA Events if a TD has not been appointed then their replacement should also be someone meeting the above criteria.

The TD is responsible to the Race Sanctioning Authority to determine, hear and rule on all appeals against decisions handed down by the Referee, including decisions on protests.

22. **APPENDIX G – PROTEST PROcedures**

**Types of Protest**

a. **Protest Concerning the Course**

A protest that the course does not conform to the requirements of the Sanctioning Authority, or is unsafe, must be made in writing to the Race Referee at least 24 hours before the start of the race.

b. **Protest Concerning Eligibility**

A protest concerning the eligibility of a competitor must be made in writing to the Race Referee. The affected competitor may compete.
c. **Protest Concerning Equipment**

A protest concerning a competitor's equipment being in violation of the conditions set out in these Race Competition Rules must be made in writing to the Race Referee no later than 30 minutes after the protesting competitor's finish time.

d. **Protest Against the Race**

A protest against the actions of another competitor or official carried out before, during or after the race must be made in writing to the Race Referee within 30 minutes of the protesting competitor's finish time. Such a protest may be submitted only if the protesting competitor claims that the action of the alleged offender was detrimental to the performance of the protester.

e. **Protest Concerning Timekeeping**

A protest concerning an error in timekeeping must be made in writing to the Race Referee within 30 minutes after the posting of the official results. A state or territory association may protest an error in timekeeping in the official results of a national or international championship event within 30 days after the competition, in writing, to the TA Board through the National Manager Technical.

**Consideration of a Protest**

A protest will not be considered unless:

a. The protest is submitted to the Race Referee within the time laid down in the foregoing paragraphs;

b. The protest is accompanied by a Protest Fee of AUD$100 for all events unless the sanctioning authority imposes a lesser fee, and which will be refunded only if the protest is upheld;

c. The protest is submitted in writing, preferably on a TA Race Protest Form which may be obtained from the Race Referee; and

d. A protest cannot be made on a judgement call by a Technical Official.

**Protest Procedures**

The following procedures are to be observed in the handling of protests:

a. Protests will be filed with the Race Referee, signed by the protester, within the time limits specified and accompanied by the fee;
b. A copy of the protest is to be made available to the competitor(s) and official(s) named in the protest at least 30-minutes prior to the hearing;

c. The protester and the accused, and/or their state, region or club representative should be present at the hearing. If the protester does not attend, the protest hearing may be postponed or cancelled. The Race Competition Jury will determine if absence from the hearing is valid.

d. Failure of any party to attend the hearing may justify the Race Competition Jury in making a decision without them.

e. A representative for either the protester or the accused may be designated to appear if approved by the Chair of the Race Competition Jury;

f. The hearing will not be open to the public or the media;

g. The Race Competition Jury Chair will explain the process and everyone’s rights;

h. The Race Competition Jury Chair will read the protest;

i. The protester and the accused (or their representatives) will be given adequate time to give their accounts of the incident;

j. Witnesses (up to 2 each) may speak for up to three minutes each;

k. The Race Competition Jury will hear the and render a decision by simply majority;

l. The decision will be posted immediately, and delivered in writing to the parties upon request;

m. In the case of a protest that has been upheld, the Race Referee is to ensure that the Protest Fee is returned to the protester;

n. The Race Competition Jury will produce minutes of the meeting, including the Jury’s decision, which must be approved by all members of the Race Competition Jury, by the end of the meeting. The minutes will be submitted to the relevant STTA or TA.
Protest Flow Chart

- Protest lodged (Competitor)
- Protest assessed (Race Referee)
  - Protest dismissed (Race Referee)
  - Protest Upheld (Race Referee)
    - Resulting action(s) (Race Referee)
    - Competitor advised (Race Referee)
23. **APPENDIX H – APPEAL PROCEDURES**

Consideration of an Appeal (to the Race Competition Jury)

An appeal is a request for a review of a decision made by the Race Referee or the Race Competition Jury. An appeal against a decision will not be considered unless:

a. i) For events with a completion time later than 20:00 hours - the appeal is submitted to the Technical Delegate before 08:00 hours on the day after the event,

   or

   ii) For all other events - the appeal is submitted to the Technical Delegate within 30 minutes of the Race Referee’s decision being formally advised

b. The appeal is accompanied by an Appeal Fee of AUD$100 for all events unless the sanctioning authority imposes a lesser fee, and which will be refunded only if the appeal is upheld; and

c. The appeal is submitted in writing, preferably on a TA Race Appeal Form which can be obtained from the Technical Delegate.

Appeal Procedures

The following procedures are to be observed in the handling of an appeal to the Race Competition Jury:

a. The appeal is to be submitted, in writing on the appropriate form and signed by the appellant, to the Race Referee within the specified time limit;

b. The Technical Delegate is to convene and chair the Race Competition Jury;

c. A copy of the appeal is to be made available to the Race Competition Jury, the competitor and officials named in the appeal at least 30 minutes prior to the hearing;

d. The appellant and the accused and/or their national representative must be present. If the appellant does not attend, the appeals hearing may be postponed or cancelled. The Race Competition Jury will determine if absence from the hearing is valid;

e. Failure of any party to attend the hearing may justify the Race Competition Jury in making a decision without them;

f. A representative for either the appellant or the accused may be designated to appear if approved by the Race Competition Jury;
g. The Race Competition Jury Chair will explain the process and everyone’s rights;

h. The hearing will not be open to the public or the media;

i. The Race Competition Jury Chair will read the appeal;

j. The appellant and the accused will be given adequate time to give their accounts of the incident;

k. Witnesses (up to two each) may speak for up to three minutes each;

l. The Race Competition Jury will hear the evidence and render a decision by simply majority;

m. The decision will be posted immediately, and delivered in writing to the parties upon request;

n. In the case of an appeal that has been upheld, the TD is to ensure that the Appeal Fee is returned to the appellant;

o. The Race Competition Jury will produce minutes of the meeting, including the Jury’s decision, which must be approved by all members of the Race Competition Jury, by the end of the meeting. The minutes will be submitted to TA.

p. After endorsement the TD is to dispatch the appeal form to TA together with the Appeal Fee in the case of an appeal which has not been upheld.

Appeal to the TA Board

A competitor whose appeal is dismissed by the Race Competition Jury may appeal to the TA Board.

a. The only ground of appeal available to an aggrieved competitor following determination by the Race Competition Jury is that the procedure relating to appeals was not properly followed and/or implemented;

b. Any appeal under this section must be lodged with the CEO of TA within 48 hours of receipt by the aggrieved competitor of the decision of the Race Competition Jury;

c. Appeals under this section must be in writing stating precisely the ground of appeal relied upon by the aggrieved competitor;

d. The timetable and procedure for any appeal to the TA Board will be set by the President of TA or his/her nominated representative. Such timetable and procedure shall take into consideration the need for expediency and finality in regard to race results in
addition to any other matter deemed significant by the President (or nominee) in the circumstances of the appeal;

e. When considering whether the ground of appeal has been made out the TA Board will disregard any technical breach of the rules that in their opinion had no bearing on the outcome of the appeal to the Race Competition Jury or merits of the competitor’s appeal to the Race Competition Jury; and

Any appeal to the TA Board against the decision of the Race Competition Jury must include a fee of AUD$500 made payable to Triathlon Australia which is non-refundable should the appeal to the TA Board be dismissed.
Appeal Flow Chart

Appeal lodged
(Competitor)

Race Competition Jury
convened
(Technical Delegate)

Appeal assessed
(Race Competition Jury)

Appeal dismissed
(Race Competition Jury)

Competitor advised
(Technical Delegate)

Triathlon Australia Board

Appeal upheld
(Race Competition Jury)

Referee and Competitor advised
(Technical Delegate)

Resulting action(s)
(Technical Delegate)
24. APPENDIX I – INFRINGEMENT FLOW CHART

Infringement
(Competitor)

YELLOW OR BLUE
 card
(Technical Official)

Penalty Served
(Competitor)

Penalty Not Served
(Competitor)

RED card
(Technical Official)

Violation Report
(Technical Official)

Report Assessed
(Race Referee)

No further action

Disqualification
(Race Referee)

DQ Advised
(Race Referee)